

ORDER FORM

Diabetes Self-Management Education & Support/Training & Medical Nutrition Therapy Services

MEDICARE COVERAGE: Diabetes self-management education and support/training (DSMES/T) and medical nutrition therapy (MNT) are separate and complementary services to improve diabetes self-care. Individuals may be eligible for both services in the same year. Research indicates MNT combined with DSMES/T improves outcomes.

DSMES/T: 10 hours initial DSMES/T in 12-month period from the date of first session, plus 2 hours follow-up per calendar year with written referral from the treating qualified provider each year.

MNT: 3 hrs initial MNT in the first calendar year, plus 2 hours follow-up MNT annually. Additional MNT hours available for change in medical condition, treatment and/or diagnosis with a written referral from the treating physician.

Medicare coverage of DSMES/T and MNT requires the treating qualified provider to maintain documentation of a diagnosis of diabetes based on the following:

- fasting blood glucose greater than or equal to 126 mg/dl on two different occasions
- 2 hour post-glucose challenge greater than or equal to 200 mg/dl on 2 different occasions
- random glucose test over 200 mg/dl for a person with symptoms of uncontrolled diabetes

*Other payors may have other coverage requirements. (Source: Volume 68, #216, November 7, 2003, page 63261/Federal Register)

PATIENT INFORMATION

Last Name	First Name	Middle

Date of Birth ____/____/____	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> _____	

Address	City	State Zip Code

Home Phone	Cell Phone	Email address

DIAGNOSIS

Please send recent labs that support diagnostic criteria for patient eligibility & outcomes monitoring

Type 1 Type 2 Gestational Diagnosis code _____

Diabetes Self-Management Education & Support /Training (DSMES/T)

Check type of training services and number of hours requested

Initial DSMES/T 10 or _____ hours

Follow-up DSMES/T 2 hours

If more than one hour individual initial training requested, please check special needs that apply:

- Vision Physical
- Hearing No group sessions available
- Language within 2 months
- Cognitive Other (specify)

All content areas identified by DSMES Team on assessment OR

Specific Content areas (Check all that apply)

- Monitoring diabetes
- Psychological adjustment
- Nutritional management
- Medications
- Diabetes as disease process
- Physical activity
- Goal setting, problem solving
- Prevent, detect and treat acute complications
- Prevent, detect and treat chronic complications
- Preconception, pregnancy, gestational diabetes
- Device Training

Medical Nutrition Therapy (MNT)

Check the type of MNT requested

Initial MNT 3 hours

Additional MNT hours for change in:

Annual follow-up MNT 2 hours

medical condition treatment diagnosis.

Signature of qualified provider certifies that he or she is managing the beneficiary's diabetes care.

Signature and NPI # _____ Date ____/____/____

Group/practice name, address and phone: _____

© 2021 (Last revised on 09/14/2021) by the Academy of Nutrition & Dietetics, American Diabetes Association and the Association of Diabetes Care & Education Specialists

Please fax this form to: 888-804-5519 - For questions, Please call Fern Baker, RD, LD, MS, CDM, CFPP at 870-364-1419.